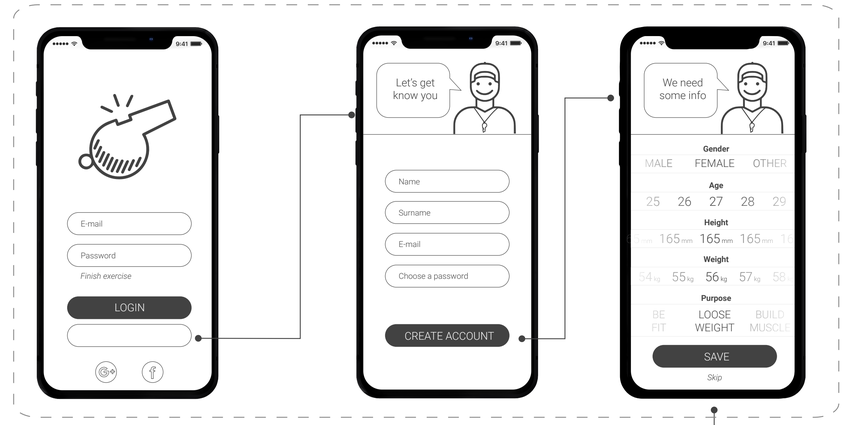
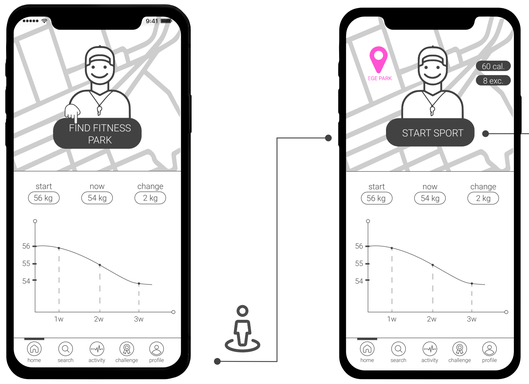
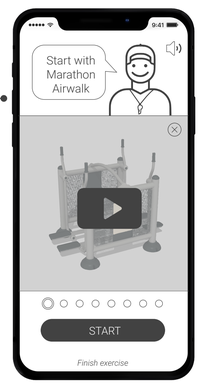
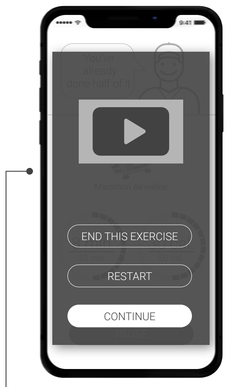

E-mail
Password
Finish exercise
LOGIN
Let's get know you
Name
Surname
E-mail
Choose a password
CREATE ACCOUNT
We need some info
Gender
MALE FEMALE OTHER
Age
25 26 27 28 29
Height
165 mm 165 mm 165 mm
Weight
54 kg 55 kg 56 kg 57 kg
Purpose
BE FIT LOOSE WEIGHT BUILD MUSCLE
SAVE
Skip


FIND FITNESS PARK
start 56 kg
now 54 kg
change 2 kg
56
55
54
1w 2w 3w
home search activity challenge profile

EGE PARK
60 cal
8 exc.
START SPORT
start 56 kg
now 54 kg
change 2 kg
56
55
54
1w 2w 3w
home search activity challenge profile

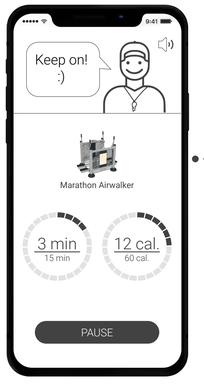

Start with Marathon Airwalk
15 min
15 min 60 cal
Marathon Airwalker
START
Finish exercise

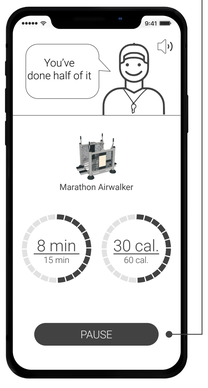

Start with Marathon Airwalk
START
Finish exercise


END THIS EXERCISE
RESTART
CONTINUE

Keep on with Surfboard
10 min 45 cal
Surfboard
START
Finish exercise

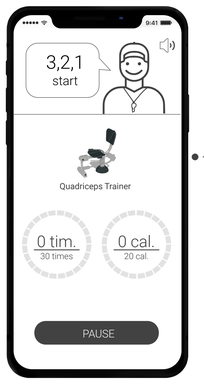

3,2,1
Marathon Airwalker
0 min 15 min
0 cal. 60 cal.
PAUSE


Keep on! :)
Marathon Airwalker
3 min 15 min
12 cal. 60 cal.
PAUSE


You've done half of it
Marathon Airwalker
8 min 15 min
30 cal. 60 cal.
PAUSE


You've done it. PERFECT
Marathon Airwalker
15 min 15 min
60 cal. 60 cal.
NEXT
Finish exercise

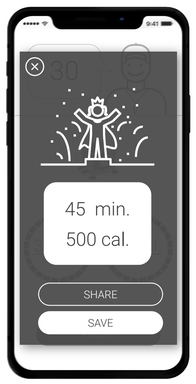

This is last exercise
30 times 20 cal
Quadriceps Trainer
START
Finish exercise

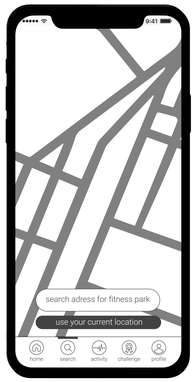

3,2,1 start
Quadriceps Trainer
0 tim. 30 times
0 cal. 20 cal.
PAUSE


1
Quadriceps Trainer
1 tim. 30 times
0,7 cal. 20 cal.
PAUSE


3
Quadriceps Trainer
3 tim. 30 times
2 cal. 20 cal.
PAUSE


30
Quadriceps Trainer
30 tim. 30 times
20 cal. 20 cal.
BACK
FINISH


45 min.
500 cal.
SHARE
SAVE


search adress for fitness park
use your current location
home search activity challenge profile


Week Month Year
Mon Tues Wed Thur Fri Sat Sun
20 th of June 500 cal 40 min
17 th of June 480 cal 37 min
15 th of June 520 cal 45 min
12 th of June 480 cal 37 min
11 th of June 470 cal 45 min
9 th of June 450 cal 45 min
home search activity challenge profile


My awards
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About
Goals
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